



## **Counselor Pack List**

### **Clothes**

14 pairs of socks  
14 pairs of underwear  
sweatshirt (can get cold at night)  
sweatpants  
2 long sleeve shirts  
8-10 t-shirts  
8-10 pairs of "activity" shorts  
1 pair of sneakers  
1 pair of sneaker/sandal/boot/flip-flop  
1 pair of water shoes (NOT flip-flops)  
2-3 swimsuits (girls must wear one piece)  
Sleepwear  
Rain Coat  
Hat  
Sunglasses

### **Toiletries**

Toothbrush & Toothpaste  
Mouthwash  
Deodorant  
Shampoo/Conditioner  
Body Wash  
Nail Clippers  
2-4 towels (a few for showers and a few for swimming)  
Hair Ties  
Shower Shoes  
Bug-spray  
Sunscreen  
Aloe Vera

### **Miscellaneous**

Bible  
Flashlight  
Blankets  
Bed sheets/Sleeping bag  
Fan (it can get hot!)  
Backpack  
Water bottle  
Alarm clock  
Waterproof digital watch  
Books to read

If you have any questions, call (252)264 -2513 or email us at [info@campcale.com](mailto:info@campcale.com)